

A stylized illustration at the top of the slide features a bright yellow sun with a small blue circle in the center, partially obscured by blue and white clouds. The background is a solid blue color with a subtle pattern of lighter blue squares.

# RUN THE MILE YOU'RE IN!

Running the mile of FEAR?

Running the mile of LOVE?

# FEAR



# FEARS?!

**Agoraphobia**

**Aerophobia**

**Anthrophobia**

**Cynophobia**

**Astraphobia**

**Catoptrophobia**

**Alektorophobia**

**Acrophobia**

**Arachnophobia**

**Claustrophobia**

**Aichmophobia**

**Ophidiophobia**

**Ornithophobia**

**Pedophobia**



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# Fears/Phobias In Infants and Toddlers

Stranger anxiety    Immunization  
pain

Darkness

Loud noises

Santa Claus

Clowns

Animals

Dogs



# Adolescents

Failure

Rejection

Criticism

Change

Gossip

Embarrassment

Inadequacy

Disappointing

Disappointment

Intimidation

Injury





# Young Adults

Marriage

Dating

Job

Career

Finances

Peer Pressure

Comforming

Disagreement

Independence

Values clarification

Raising A family

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# Empty Nesters



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# Aging Fears

Loss of independence      Declining Health

Running out of money      Falling or hurting self

Not being able to live at home

Death of spouse or other family member

Inability to manage their own activities

Not being able to drive      Isolation or loneliness

Strangers caring for them

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**LOVE  
CASTS OUT  
FEAR!**



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# 1 John 4:15-18

“If anyone acknowledges that Jesus is the Son of God, God lives in him and he in God. And so we know and rely on the love God has for us. God is love. Whoever lives in love lives in God, and God in him. In this way love is made complete among us so that we may have confidence on the day of judgment, because in this world we are like him. There is no fear in love, but perfect love drives out fear, because fear has to do with punishment. The one who fears is not make perfect in love.”



# What is the journey?

**If** anyone acknowledges that Jesus  
Christ is the Son of God...  
“Confesses”

It is a possibility that one can chose.

If chosen then God has His continual  
“abiding” in us and we in Him



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# Have we been running?

We have experienced the “knowing” of God in our lives.

And have trusted and believed the happening of the love of God in our lives as the God of love and the nature of His character that God is love.

Love defines our living and our life in God and our relationship and living is a life of love.



# Love Made Complete?

Progressive

Ongoing

Growing

Goal-oriented

Working toward an end or purpose

Not finished but always finished



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# CONFIDENCE!

No “ifs” about it

The love and living now is a surety of what is going to come in the future

“..undoubting confidence of Christians relative to their relationship with God” (Thayer)

Like Him guarantees life eternally with Him



# Does Love Counter Phobia?

Fear flees

Reverence, awe, and respect but not dread

Something goes in to drive out what needs to be driven out  
GIGO-GIGO EGO-EGO

Love's aim, goal, end, purpose, and completeness is to cast  
out fear

You fear someone who wants to punish you

You honor and live in the ONE who loves you.